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DOC NAME	Allergen Information Sushi		
CUSTOMER NOTES			
Further Allergen Information 1. If a checkbox shows an allergen name: – Allergen is present, either from the ingredients (as per supplier) or included in our own recipe. 2. If the checkbox is blank: – Allergen not reported by our approved suppliers. 3. Since we use soy-based spray oil in our kitchen, all of our prepared products may contain soy. MPI Gluten-Free Criteria 1. According to MPI: Gluten-free means the food has: a. no detectable gluten b. no oats or oat products, or c. no cereals containing gluten that have been malted, or products of such cereals. Testing and Limitations We work with authorised external labs to regularly test for Low Gluten (advised by MPI). Low Gluten items are highlighted in green. However, we cannot guarantee any product is fully gluten-free or allergen-free due to potential cross-contact during handling, storage, or preparation at shop level. While the table below lists specific allergens included in the ingredient build, it does not exclude the possible presence of other allergens. Sauce & Topping Defaults (Check with Shop) 1. Dragon Rolls: Usually include mayo, teriyaki sauce, and sesame seeds 2. Rice Balls: Typically contain mayo, teriyaki sauce, and sesame seeds 3. On Rice Items: Generally served with teriyaki sauce and sesame seeds ⚠ Please note: Default settings may vary by shop. All sauces and toppings should be confirmed with the shop in advance, as they are not guaranteed.			

INGREDIENT TABLE									
ITEMS	WHEAT GLUTEN	FISH	MILK	SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA	SULPHITES	MOLLUSCS
Regular Teriyaki Chicken 8 pcs	WHEAT GLUTEN			SOYBEANS					
Double Avocado Teriyaki Chicken 8 pcs	WHEAT GLUTEN			SOYBEANS					

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Teriyaki Chicken Jumbo 8 pcs	WHEAT GLUTEN			SOYBEANS					
Teriyaki Chicken Double Avocado Jumbo 8 pcs	WHEAT GLUTEN			SOYBEANS					
Deluxe Teriyaki Chicken Jumbo 8 pcs	WHEAT GLUTEN			SOYBEANS					
Cheriyaki 8 pcs	WHEAT GLUTEN		MILK	SOYBEANS					
Katsu Chicken Regular ss katsu 8 pcs	WHEAT GLUTEN		MILK	SOYBEANS					
Katsu Chicken Double Avocado ss katsu 8 pcs	WHEAT GLUTEN		MILK	SOYBEANS					
Dragon Roll Teriyaki Chicken 8 pcs	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Dragon Roll Katsu Chicken 8 pcs	WHEAT GLUTEN		MILK	SOYBEANS	EGGS	SESAME SEEDS			
Salmon Supreme 8 pcs		FISH		SOYBEANS					
Salmon Supreme Double Avocado 8 pcs		FISH		SOYBEANS					
Salmon Lovers Jumbo 8 pcs		FISH		SOYBEANS					
Smoked Salmon 8 pcs		FISH		SOYBEANS					

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Smoked Salmon Double Avocado 8 pcs		FISH		SOYBEANS					
Smoked Salmon Melt 8 pcs		FISH	MILK	SOYBEANS	EGGS				
Teriyaki Salmon Sushi (Non-deep fried) 8 pcs	WHEAT GLUTEN	FISH		SOYBEANS					
Salmon Nigiri 6 pcs		FISH		SOYBEANS					
Salmon Dragon 8 pcs	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Tasty Tuna 8 pcs		FISH		SOYBEANS	EGGS				
Tasty Tuna Double Avocado 8 pcs		FISH		SOYBEANS	EGGS				
Prawn Double Avocado 8 pcs				SOYBEANS	EGGS		CRUSTACEA		
Crispy Prawn 8 pcs	WHEAT GLUTEN			SOYBEANS			CRUSTACEA		
Salmon Duo 8 pcs		FISH		SOYBEANS	EGGS		CRUSTACEA		
California Roll 8 pcs		FISH		SOYBEANS	EGGS				
Sweet Chilli Seafood 8 pcs		FISH		SOYBEANS	EGGS				
Crispy Prawn Double Avocado 8 pcs	WHEAT GLUTEN			SOYBEANS			CRUSTACEA		
Seafood Celebration (no dipping sauce)		FISH		SOYBEANS	EGGS		CRUSTACEA		
Tuna Supreme Double Avocado 8 pcs		FISH		SOYBEANS					

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Tuna Supreme Jumbo 8 pcs		FISH		SOYBEANS					
Spicy Tuna Supreme 8 pcs		FISH		SOYBEANS		SESAME SEEDS			
Tuna Nigiri 6 pcs		FISH		SOYBEANS					
Sashimi (Tuna/Salmon LM)		FISH							
Salmon Supreme Teriyaki Chicken Combo 8 pcs	WHEAT GLUTEN	FISH		SOYBEANS					
Teriyaki Chicken and Tasty Tuna Combo 8 pcs	WHEAT GLUTEN	FISH		SOYBEANS	EGGS				
Double Avocado Salmon Supreme and Double Avocado Tuna Combo 8 pcs		FISH		SOYBEANS	EGGS				
Teriyaki Chicken on Rice Small	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Teriyaki Chicken on Rice with Mayonnaise Small	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Teriyaki Chicken on Rice Large	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Teriyaki Chicken on Rice with Mayo Large	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Katsu Chicken on Rice Small	WHEAT GLUTEN		MILK	SOYBEANS		SESAME SEEDS			

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Katsu Chicken on Rice Large ss katsu	WHEAT GLUTEN		MILK	SOYBEANS		SESAME SEEDS			
Teriyaki Salmon on Rice (Non-deep fried) Large	WHEAT GLUTEN	FISH		SOYBEANS		SESAME SEEDS			
Teriyaki Chicken Double Decker Large	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Katsu Chicken on Rice with Mayonnaise Small	WHEAT GLUTEN		MILK	SOYBEANS	EGGS	SESAME SEEDS			
Katsu Chicken on Rice with Mayo Large ss katsu	WHEAT GLUTEN		MILK	SOYBEANS	EGGS	SESAME SEEDS			
Teriyaki Salmon on Rice with Mayonnaise Small	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Teriyaki Salmon on Rice with Mayonnaise Large	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Plant-Based Chicken on Rice with Egg-free Mayo Large	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Plant-Based Chicken on Rice Large	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Vegetarian Regular 8 pcs				SOYBEANS					
Vegetarian Double Avocado 8 pcs				SOYBEANS					

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Cream Cheese Delight 8 pcs			MILK	SOYBEANS					
Inari Crunch 8 pcs	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Teriyaki Capsicum Dream 8 pcs	WHEAT GLUTEN		MILK	SOYBEANS					
Ginger Sidekick 8 pcs			MILK	SOYBEANS				SULPHITES	
Avocado Junkie 8 pcs				SOYBEANS	EGGS	SESAME SEEDS			
Vegetarian Fusion 8 pcs	WHEAT GLUTEN			SOYBEANS					
Tempura Vegetable sushi 8 pcs	WHEAT GLUTEN			SOYBEANS					
Plant-Based Chicken Dragon 8 pcs	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Plant-Based Chicken Sushi Jumbo 8pcs	WHEAT GLUTEN			SOYBEANS					
Prawn Mayo SOD 8 pcs				SOYBEANS	EGGS		CRUSTACEA		
Sushi Walker - Teriyaki Chicken 1 pc	WHEAT GLUTEN			SOYBEANS					
Sushi Walker - Salmon 1 pc		FISH		SOYBEANS					
Sushi Walker - Tuna Mayo 1 pc		FISH		SOYBEANS	EGGS				
Kids Sushi - Teriyaki Chicken 4 pcs	WHEAT GLUTEN			SOYBEANS					

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Kids Sushi - Fresh Salmon 4 pcs		FISH		SOYBEANS					
Kids Sushi - Tuna Mayo 4 pcs		FISH		SOYBEANS	EGGS				
Kids Sushi - Avocado 4 pcs				SOYBEANS					
Kids Sushi - Teriyaki Chicken 8 pcs	WHEAT GLUTEN			SOYBEANS					
Kids Sushi - Salmon 8 pcs		FISH		SOYBEANS					
Kids Sushi - Tuna Mayo 8 pcs		FISH		SOYBEANS	EGGS				
Inari 2 pcs	WHEAT GLUTEN			SOYBEANS					
Rice Ball with Avocado - Teriyaki Chicken Small	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Teriyaki Chicken Rice Ball Large	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Salmon Small	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Fresh Salmon Large	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Smoked Salmon Rice Ball	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Teriyaki Salmon Small	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			

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Teriyaki Salmon Rice Ball (Non-deep fried) Large	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Tuna Mayo Small		FISH		SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Tuna Mayo Large		FISH		SOYBEANS	EGGS				
Rice Ball with Avocado - Crispy Katsu Chicken Small	WHEAT GLUTEN		MILK	SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Katsu Chicken Large	WHEAT GLUTEN		MILK	SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Vegetarian Small	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Rice Ball with Avocado - Vegetarian Large	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Kids Sushi - Avocado 8 pcs				SOYBEANS					
Kids Sushi - Cucumber 4 pcs				SOYBEANS					
Kids Sushi - Cucumber 8 pcs				SOYBEANS					
Salmon Rice Ball Large	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Tasty Tuna Rice Ball Large		FISH		SOYBEANS	EGGS	SESAME SEEDS			
Budget Beauty 20 pcs	WHEAT GLUTEN	FISH		SOYBEANS	EGGS				

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Vegetable Medley 20 pcs	WHEAT GLUTEN			SOYBEANS					
Seafood Supreme 20 pcs		FISH		SOYBEANS	EGGS		CRUSTACEA		
Salmon & Chicken Combo 20 pcs	WHEAT GLUTEN	FISH		SOYBEANS					
Teriyaki Chicken Lovers 20 pcs	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Double Avocado Medley 20 pcs	WHEAT GLUTEN	FISH		SOYBEANS					
Jumbo Sushi Selection 20 pcs	WHEAT GLUTEN	FISH		SOYBEANS					
Nigiri Sushi Medley 20 pcs	WHEAT GLUTEN	FISH		SOYBEANS		SESAME SEEDS			
Fancy Platter 1 22 pcs		FISH		SOYBEANS					
Fancy Platter 2 25 pcs		FISH		SOYBEANS			CRUSTACEA		
Inari Premium 28 pcs	WHEAT GLUTEN	FISH		SOYBEANS	EGGS		CRUSTACEA		
Gourmet Inari Premium 28 pcs	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA		
Salmon & Nigiri Premium 32 pcs	WHEAT GLUTEN	FISH		SOYBEANS	EGGS		CRUSTACEA		
Teriyaki Chicken on Rice Platter	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Salmon Sunset Sushi Cake	WHEAT GLUTEN	FISH		SOYBEANS	EGGS	SESAME SEEDS			
Udon	WHEAT GLUTEN							SULPHITES	
Teriyaki Chicken Spring Roll	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			

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Prawn Spring Roll							CRUSTACEA		
Wasabi Paste									
Wasabi Sachet								SULPHITES	
Chilli Pepper Loose						SESAME SEEDS	CRUSTACEA		
Yellow Pickle				SOYBEANS					
Pickled Ginger								SULPHITES	
Cream Cheese			MILK						
Dairy Free Cream Cheese									
Prawn Tails (no dipping sauce) Small							CRUSTACEA		
Giant Shrimp Lunch box		FISH		SOYBEANS	EGGS		CRUSTACEA		
Seafood Cocktail Small		FISH		SOYBEANS	EGGS		CRUSTACEA		
Crab Nuggets Large		FISH		SOYBEANS	EGGS				
Summer Salad		FISH		SOYBEANS	EGGS	SESAME SEEDS	CRUSTACEA		
Jumbo Shrimp (no dipping sauce)							CRUSTACEA		
Seaweed Salad Large				SOYBEANS		SESAME SEEDS			
Edamame Small				SOYBEANS					
Cream Mochi Green Tea			MILK						
Cream Mochi Blueburry			MILK						
Cream Mochi Strawberry			MILK						
Cream Mochi Chocolate			MILK	SOYBEANS					
Cream Mochi Redbean			MILK						

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Cream Mochi Coffee			MILK						
Cream Mochi Mango			MILK	SOYBEANS					
Miso Soup Large	WHEAT GLUTEN	FISH		SOYBEANS					
Spicy Mayo				SOYBEANS	EGGS				
Nori									
Mamenori Green				SOYBEANS					
Mamenori Pink				SOYBEANS					
Mayonnaise (Kewpie 50g)	WHEAT GLUTEN			SOYBEANS	EGGS				
Spicy Teriyaki Sauce	WHEAT GLUTEN			SOYBEANS					
Sesame Dressing	WHEAT GLUTEN			SOYBEANS	EGGS	SESAME SEEDS			
Egg Free Mayonnaise (Kewpie)	WHEAT GLUTEN			SOYBEANS					
Chilli Oil						SESAME SEEDS			
Soya Sauce Gluten Free				SOYBEANS					
Mayonnaise Mild GF (1kg)				SOYBEANS	EGGS				
Teriyaki Sauce Toppings	WHEAT GLUTEN			SOYBEANS					
Soya Sauce 5ml Sachet	WHEAT GLUTEN			SOYBEANS					
Topper's Seafood Sauce					EGGS				
Otafuku Poke Sauce	WHEAT GLUTEN			SOYBEANS		SESAME SEEDS			
Sweet Chilli Sauce									
Udon Soup Base	WHEAT GLUTEN	FISH		SOYBEANS					
Sesame Seeds						SESAME SEEDS			