# FOOD ALLERGY?

If you have a food allergy and are in need of a special dietary requirement, please inform our staff that it's a "special order" before you place the order.

We respect that the final decision sits with our customer if you wish to place the order.

# COMMON ALLERGENS



**Molluscs** 



Soybeans 🏠 Fish





Gluten



Eggs



Sesame Seeds & Lupin





# COELIAC SAFE

### **GLUTEN FREE**

(No soy sauce or any sauces)\*

- Fresh Salmon Sushi/Nigiri
- Fresh Tuna Sushi & Tasty Tuna Sushi
- Vegetarian Regular/Double Avo/Fusion
- Fresh Salmon Sushi
- Smoked Salmon Sushi
- \*Gluten Free Mayonnaise available

# **NON-DETECTABLE GLUTEN**

- Teriyaki Salmon on Rice
- Teriyaki Chicken Sushi
- Teriyaki Chicken on Rice
- Miso Soup

### DAIRY FREE

- Vegetarian Sushi
- Fresh Salmon Sushi
- Teriyaki Chicken Sushi
- Tasty Tuna Sushi

## EGG FREE

(No Mayonnaise)

- Vegetarian Sushi
- Fresh Salmon Sushi
- Teriyaki Chicken Sushi

### SOY FREE NOT AVAILABLE

(Kitchen equipment may use a soy-based oil lubricant)

# SCAN FOR MORE INFO

or visit stpierres.co.nz/nutrition

